

DECEMBER

Carolina Juniors Recruiting Newsletter

ESTABLISHING ATTAINABLE GOALS

RELAX and take a DEEP BREATH! No matter where you are in this seemingly daunting process, you can handle it, and we can tackle it together. Setting realistic and attainable goals is your first step in this process. Set goals that are appropriate for your individual potential; ones that allow you to move forward with confidence and growth, rather than experiencing disappointment and frustration. It is crucial to self-evaluate periodically to ensure you are staying on track with those goals; working on the small victories that will lead you to them. Remember, you will need to be laser-focused on your set goal, yet have the flexibility to make adjustments through this process.

The takeaway from all of this is: Relax, but don't be complacent. Be realistic in your goals. Work on a plan, and most importantly, execute it!!! Then, realize two things: your goals may change as you go, and a deviation or setback may be disappointing but may lead to the perfect situation.

JANUARY RECRUITING SEMINAR

17s and 18s Seminar Topics

- How to contact coaches later in the process
 - Phone calls and Emails
 - Official Visits
 - Committing

Dates and Times

North: Mon 2nd 6:45-7:15

South: Fri 6th 6:15-6:45

NEXT STEPS

FORM A TARGET LIST OF
30+ SCHOOLS

SCHEDULE A MEETING
WITH OUR RECRUITING
COORDINATOR ON OUR
WEBSITE

COMMUNICATE NEEDS
AND ASK QUESTIONS TO
YOUR COACHES, COLLEGE
COACHES, AND OUR
STAFF

USE SOCIAL MEDIA AS AN
ADDITIONAL TOOL TO AID
YOU IN YOUR PROCESS AND
INCREASE YOUR REACH

SCHEDULE A MEETING

- Guidance on how to start
- Help forming target lists
- Highlight film
- Communication with coaches
- Prepping for calls with coaches
- And much more!!

